

I mean in Jackson when we were there, because we, I experienced two different sides of, mm, of living out in Afghan. I did FOB Jackson, which was working in the FOB, and then I went and moved from there to a PB, Patrol Base, and the difference was quite big.

*Mm, mm, yes I can imagine.*

Mm, whereas in Jackson for relaxing and relaxation I could go down and use their like welfare suite. I could ring my mother on the phone. I could if I was, if I didn't, if I've missed home I could ring them on the phone or I could go on Face Book on the Internet.

*Okay. That's brilliant.*

Leave a few messages at home for everybody to let them know that I'm okay. And, mm, you do like we had weights. You could run round Jackson, it was massive, FOB Jackson was a massive camp so it had like a mile and a half route so you could go round it, do that a few times and keep your fitness up. We had a gym there and we had quite a lot of great equipment as well. Like you had your CV bikes, you had your rowing machines, you had your free weights for all the lads who were like the big meaty lads who like to lift weights like. So it was brilliant. Mm, there was loads of board games as well, stuff like that, like daft stuff that you wouldn't normally play at home but you end up playing out

there with the lads. Like I learnt how to play chess out there.

*Oh fantastic.*

Because I was that, I was that bored I learned how to play chess. And I played some Monopoly with the lads. Then near the end of the tour in Jackson we got a Playstation Three which was like, it was, I can't really explain the feeling it was to get that there, it was amazing. And we had a massive wide screen telly as well with BFBS.

*Okay.*

So if we weren't on guard, if we're on guard we'd do like an eight hour rotation then you'd have six hours off. On that six hours we could watch films on BFBS from home like any, any of the films that have come out and that, it was brilliant. We had a DVD player there so all the lads who brought DVDs with them or used to get them sent over in the parcels all watch a film and that on a night to relax and chill out like, so it was quite good. Mm, when we moved to the PB it's sort of limited then, you couldn't do as much fitness. But we made our own, like we made weights out of Jerry cans, we did all sorts. Mm, we, we, we used to like the food down the PB as well, that was brilliant. We used to have a laugh making chips which no one had had for absolutely ages.

*Yes.*

It was like, that was the best thing in the world just something that small. Like when you're out there you take so much for granted. Insignificant little things like so all the lads would chip in a bit of money and we'd get like some sausages and we'd get like the ANA would go and get it, like our Afghan counterparts would go and get it for us and the Terps would ask them, the interpreter would sort it out and we'd get eggs so in the morning you could have like a bacon and egg sandwich or something and so it was brilliant like, it was amazing. And then chips as well, like the chips were the best. So you'd be, you'd see like thirteen blokes sat down peeling spuds and making massive bowls of chips just to eat.

*That sounds brilliant.*

And they had every sauce you could ever think of out there as well that you got sent by like your mates from home. It was brilliant like.