

## Dr Nighat video transcript

[Text: Dr Nighat Arif Can i have the vaccine if I am breastfeeding?]

The simple answer is women that are breastfeeding can definitely have the Covid vaccine.

Now, I know it's natural for parents to worry and mums who are breastfeeding have to be careful, but there's no known associated risk with giving non-live vaccines whilst breastfeeding.

[Text: Click the link to find out more]