



Are you a carer with a Special Guardianship Order in County Durham?

Do you feel as though you need some support, information or advice?

We know that caring for a child who has experienced difficulties isn't easy and sometimes carers need additional help and support. Full Circle is a therapeutic service provided by Durham County Council who offers this support.

In response to the Coronavirus pandemic, Full Circle are running a **temporary telephone support line**. The helpline will run from 18th May until Friday 17th July and it will operate Monday to Friday from 9am until 4.30pm (except bank holidays) and is funded by the Adoption Support Fund.

Some children may be struggling with changes relating to the pandemic routines, family relationships, schoolwork or a transition back to school. Our therapeutic social workers will provide you with resources, telephone advice and signposting. If you need more support, you may be interested in joining our therapeutic parenting programme and we can talk about this during the call.

You can call the helpline during operating hours by dialling 03000 264730, or at any time you can email <u>FullCircleAdmin@Durham.gov.uk</u> providing your name and phone number, and asking for a call back. We'll reply to evening emails the next working day.

Please don't include the child's name, address or any other details in your email.

You can call the helpline more than once, and we can arrange follow-up calls. \odot