

Transcript of breastfeeding celebration film

[Background music throughout video]

Image 1: Text [Celebrating Breastfeeding in County Durham] overlaid on image of baby feed cradled in adult's hands

Image 2: Text [For every woman who has offered breastmilk to their baby] beside image of a mum with baby girl holding chalkboard with 10 ½ months written on it.

Image 3: Text [For every woman who has offered breastmilk to their baby] beside image of a mum with baby boy girl holding chalkboard with 12 months written on it.

Image 4: Text [whether by breast or by bottle] beside image of a mum holding chalkboard with 34 months written on it.

Image 5: Text [whether by breast or by bottle] beside image of a mum holding chalkboard with 50 months written on it.

Image 6: Text [whether one feed or 100] beside image of a mum with sleeping baby holding chalkboard with 16 months written on it.

Image 7: Text [whether one feed or 100] beside image of a mum with baby boy holding chalkboard with 21 months written on it.

Image 8: Text [we celebrate this amazing achievement today] beside image of a mum with baby boy holding chalkboard with 21 months written on it.

Image 9: Text [Growing Healthy Durham are proud to support women through their feeding journeys] beside a mum holding chalkboard with 16 months and counting written on it.

Image 10: Text [Growing Healthy Durham are proud to support women through their feeding journeys] beside a mum holding chalkboard with 5 weeks and counting written on it.

Image 11: Text [Breastfeeding is by far the most wonderful experience I have ever encountered. I'm proud of myself for persevering. I will miss that amazing bond the day my daughter stops feeding. Naomi Krystal, Mum in Chester-Le-Street] beside image of a mum and Baby holding chalkboard with 22 months written on it.

Image 12: Text [Breastfeeding is by far the most wonderful experience I have ever encountered. I'm proud of myself for persevering. I will miss that amazing bond the day my daughter stops feeding. Naomi Krystal, Mum in Chester-Le-Street] beside image of a mum holding a baby boy, child holding chalkboard with 47 months written on it.

Image 13: Text [Breastmilk; always to hand, always the right temperature, no sterilisers needed. Carolyn Hammond, Mum in Durham] beside image of a mum holding a baby boy, child holding chalkboard with 47 months written on it.

Image 14: Text [Breastmilk; always to hand, always the right temperature, no sterilisers needed. Carolyn Hammond, Mum in Durham beside image of Image of a mum with a newborn bay with a chalkboard stating with 9 ½ weeks written on.

Image 15: Text 'Breastfeeding my twins has been one of the most empowering and fulfilling things I have done. Leah Meurs, Mum in Haswell, Durham beside image of a mum with a newborn bay with a chalkboard stating with 9 ½ weeks written on.

Image 16: Text 'Breastfeeding my twins has been one of the most empowering and fulfilling things I have done. Leah Meurs, Mum in Haswell, Durham beside image of a mum holding a new born baby holding a chalkboard with 24 months written on it.

Image 17: (Left) image of lady smiling holding a chalkboard with 45 months written on it (right) image of lady sitting down holding a chalkboard with 36 months written on it.

Image 18: (left) image of mum and baby girl sitting holding a chalkboard with 24 months written on it (right) image of mum with baby holding chalkboard with 8 months written on it.

Image 19: (left) Image of mum and baby girl holding chalkboard with 8 months written on it (right) image of mum with baby holding chalkboard with 4 ½ months written on it.

Image 20: (left) image of lady smiling holding a chalkboard with 45 months written on it (right) image of a mum with baby, holding a chalkboard with 14 months written on it.

Image 21: (left) image of a mum with baby, holding a chalkboard with 39 months written on it (right) image of a mum breastfeeding baby, holding a chalkboard with 3 months written on it.

Image 22: (left) image of a mum with baby, holding a chalkboard with 26 months written on it (right) image of a mum smiling holding baby, with chalkboard with 36 months written on it.

Image 23: (left) image of a mum sitting holding baby girl, holding chalkboard with 40 months written on it (right) image of a mum smiling, holding a chalkboard with 76 months written on it.

Image 24: (left) image of a mum with daughter, holding a chalkboard with 35 months written on it (right) image of a mum with baby, holding a chalkboard with 6 months written on it.

Image 25: (left) image of mum with twins boys, holding a chalkboard with 30 months written on it (right) image of mum with baby and older son, holding a chalkboard with 12 months written on it.

Image 26: Image of mum with child, holding a chalkboard with 83 months written on it. Text strip at bottom of screen [Thank you to all the women who took part in our Breastfeeding filming].

Image 27: Growing Healthy Logo overlaid on image of baby feed cradled in adult's hands. Text strip at bottom of screen [Thank you to all the women who took part in our Breastfeeding filming].

Image 28: Text [Growing Healthy Durham delivered by:] and Harrogate and District Foundation Trust logo and text [Made in partnership with:] and Durham County Council logo.