

Mid Durham AAP - Older Peoples Support – Current provision v Identified Issues or new projects – October 2018

	Older People's Issues	AAP developed or supported projects/services
1	Mental health: dementia, depression, access to social activity	<ul style="list-style-type: none"> - Silver Talk - Come Eat Together - Dementia Advisors - Dementia Friendly Coordinators proposal - Durham County Carers Support - Safe & Wellbeing Visits - Locate - Wellbeing for Life - See Access to activity section - Advice and information Service – Age UK CD - Link to Health and Wellbeing Task Group which highlights good provision across the age groups – might just be worth raising the profile of these and continuing to remove the stigma – H&W TG will lead
2	Keeping warm	<ul style="list-style-type: none"> - Managing £ Better - Healthier to Wealthier (GP linked welfare support) - Housing Associations advice - Advice and information Service – Age UK CD - Heater loan scheme
3	Access to activity/facilities: transport, welfare/money issues	<ul style="list-style-type: none"> - As above - Locate - Supportive - Link 2 - Wellbeing for Life - Thrive – DCC/Leisureworks activities – fitness, outdoor fitness - Advice and information Service – Age UK CD - What's on for older people across Mid Durham (proposal) – Add to info byte

4	Social support: having regular contact with friends, family or neighbours	<ul style="list-style-type: none"> - Silver Talk - Supportive - Advice and information Service – Age UK CD - Intergenerational Activity – addressed via Children, Young People & Families Task Group via Youth Fund - What’s on for older people across Mid Durham (proposal) – Add to info byte
5	Protection against fraud (phone and letter scams)	<ul style="list-style-type: none"> - Advertising with DCC Fraud team (info byte) - Links to Action Fraud line and Citizen’s Advice - Advice and information Service – Age UK CD - Beat the Scammer project – Age UK CD
6	Physical activity: access to activities which help make you physically active	<ul style="list-style-type: none"> - Thrive – DCC/Leisureworks activities – fitness, outdoor fitness - Advice and information Service – Age UK CD - What’s on for older people across Mid Durham (proposal) – Add to info byte - Links to Environmental Task Group regarding maintenance and development of existing rights of ways and then promoting them – Enviro TG will lead - Links to Health and Wellbeing Task Group and development of alternative physical activity sessions such as singing and dancing – H&W TG will lead
7	Food and nutrition	<ul style="list-style-type: none"> - Come Eat Together - Intergenerational Activity - Intergenerational Activity – addressed via Children, Young People & Families Task Group via Youth Fund - Homeward Bound - Foodbanks - Wellbeing for Life
8	Safety within the home: trips and falls	<ul style="list-style-type: none"> - Safe & Wellbeing visits - Wellbeing for Life - Housing Associations support - Care Connect - Durham County Council Social Care

		- Advice and information Service – Age UK CD
9	Safety within the community: worried about going out	- Community Safety Task Group looking at raising the profile on how safe our communities are
10	Communication: finding out what's on	- What's on for older people across Mid Durham (proposal) – Add to info byte
11	Support for volunteers	- Durham Community Action