

# Mental Health Workshop

## Strategic Commissioning Manager

*Altogether better*



# Cultural Commissioning

## What is it?

- Co-producing with culture and arts to improve health and wellbeing and reduce social isolation

*Altogether better*



# Cultural Commissioning

## What's already going on?

- Some positive examples already in County Durham with providers using dance, singing, poetry, printing, painting with specific client groups
- Activities linked to big events like Lumiere, Book Festival, Brass Festival
- Conference at The Albany Theatre in Deptford, London

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# Cultural Commissioning

## What we want to do next?

- Build on what is already going on
- Use culture and arts to open up spaces/activities for new participants and a wider audience
- Share the learning/promote the benefits/raise the profile
- Stimulate more regular opportunities rather than just one-off high profile activities

*Altogether better*



# Cultural Commissioning

## Next Steps

- Adults and Health Commissioning, Tin Arts, Equal Arts and Culture and Leisure are meeting to work out how things are developed in County Durham
- Identify opportunities with partners
- Initial 'taster' days
- Scale and scope to be determined

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